

September 2005

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Bran Muffin & Milk	Cheesy Biscuit & Milk
			Cheese Ravioli Green Beans H2o melon Milk	Turkey Sandwich Baby Carrots Tomatoes Bananas Milk
			ABC Cookies & Milk	Goldfish & Juice
5	6	7	8	9
	Muffins & Milk	Toast w/Jelly & Milk	Cornbread & Milk	Cheesy Bagels & Milk
LABOR DAY ACCC CLOSED	Macaroni 'n' Cheese Peas & Carrots Pears Milk	Pizza Quesadilla Green Beans Applesauce Milk	Mini Corn Dogs Mixed Veggies Banana Milk	Cheese Sandwiches Carrot Coins Melon Milk
	Grahams & Juice	Crackers & Cheese	Oranges & Crackers	Bananas & Milk
12	13	14	15	16
Gingerbread & Milk	English Muffins & Milk	Bran Muffin & Milk	Cinnamon Toast & Milk	Waffles & Milk
Fish Fillet Rice Broccoli Peaches Milk	Spaghetti Garlic Bread Carrot Coins Applesauce Milk	Bean/Cheese Burrito Corn Apples Milk	Teriyaki Chicken Rice Mixed Veggies Pineapple Milk	Jelly Sandwich Cheese Sticks Peaches Baby Carrots Milk
Cheese & Crackers	Pretzel Mix & Juice	Bananas & Milk	H2O Melon & Crackers	Apples & Cheese
19	20	21	22	23
Oat Bran Muffin & Milk	Blueberry Muffin & Milk	Cheesy Toast & Milk	Coffee Cake & Milk	Banana Bread & Milk
Buttered Pasta Cheese Sticks Broccoli Applesauce Milk	Chicken Nuggets Mixed Veggies Bananas Milk	Tacos Salad Corn Oranges Milk	Tomato Soup Cheese Biscuits Green Beans Pears Milk	Hoagies Toms & Pickles Baby Carrots Oranges Milk
Chex Mix & Juice	Pears & Cheese	ABC Crackers & Milk	Oranges & Crackers	Grahams & Juice
26	27	28	29	30
Cornbread Muffin & Milk	Toast w/Jelly & Milk	Cranberry Muffin & Milk	Bananas & Milk	Bagels w/Cr. Cheese & Milk
Tuna Melts Peas & Carrots Apples Milk	Cheese Ravioli Corn Oranges Milk	Mini Pizza Green Beans Apples Milk	BBQ Chicken Rice Carrot Coins Bananas Milk	Ham Sandwich Broccoli Bananas Milk
Goldfish & Juice	Bananas & Milk	Oranges & Saltines	Apples & Cheese	ABC Cookies & Milk

Serving Sizes: Meat/Fish/Poultry 1/2 to 1 ounce Fruit/Vegetable 1/2 Cup
 Noodles/Rice/etc. 1/4 Cup Milk/Juice/Water 3/4 cup
 ALL SNACKS ARE SERVED WITH MILK, JUICE OR WATER *SNACKS SERVED WITH MILK.